Final list of revisions needed:

**Outside**

* **Meet the therapist section (this is new – please add this and delete the old one)**

Lindsay is a Licensed Clinical Social Worker (LCSW) with over a decade of experience working in the field of behavioral health, including her role as the Intake Director for Arizona’s largest free-standing psychiatric hospital system. She has extensive experience in acute psychiatric settings serving those with mental health and substance abuse challenges in inpatient and outpatient settings. Lindsay is also a Board of Behavioral Health approved Clinical Supervisor.

As a Certified Clinical Trauma Professional (CCTP), Lindsay works in conjunction with the Arizona Trauma Institute to facilitate trainings for the community, sharing her passion for Trauma-Informed Care. She is also certified in the Trauma-Conscious Yoga Method™(TCYM) and continues to consult with the Trauma-Conscious Yoga Institute in Austin, TX for ongoing education.

In her current role as an EAP Manager for a major airline, Lindsay conducts SAP Evaluations for those employed in safety-sensitive roles. She received her Substance Abuse Professional (SAP) certification through SAPAA in 2019.

Lindsay believes that that every challenge is an opportunity for self-transformation and growth. Living from this mindset is one of the greatest gifts we can offer ourselves and those we love.

**Inside**

* **How we are different section**
  + Remove “sound healing”
  + Change Trauma-Conscious Yoga to Trauma Informed Yoga
  + Add “Person Centered Therapy” on the right side under “modalities include but not limited to” (that way there are 4 on each side)
  + Add PTSD under “counseling services for those navigating”
  + Put : after “those navigating”
  + Put period after last sentence (relaxed body.)
* **Trauma Informed Yoga Section**
  + Last sentence, “expert” is spelled wrong, currently says “expect”
  + Remove ? from the title
  + 5th leaf down take out “comfort self” should just say “ability to self sooth when faced with flashback or trigger”
* **Additional Services Section**
  + Add PLLC after Root to Rise
  + This sentence is missing as last paragraph: “To start the DOT return-to-Duty process, call today for an appointment. Most appointments are scheduled within 48 hours of call. “
* **Available Services** (this section is missing and was in original content)
  + Can you add to the back under the hours or above the additional services section (maybe make office picture smaller)?
  + Individual Counseling Sessions – ages 14+
  + Comprehensive Substance Abuse Professional Services (SAP) – ages 18+